

SCOTS PGC College

Co-curricular Training/Rehearsal/Activities Programme

WEEK 9 SENIOR CO-CURRICULAR PROGRAMME						
TIME		Monday 17th	Tuesday 18th	Wednesday 19th	Thursday 20th	Friday 21st
Before School	See Activity times			Rock Band Rehearsal (7:30am - 8:30am) Chapel Hall		
		Gym/Strength Training (Session 1:6:30am - 8:00am)	Gym/Strength Training (Session 1:6:30am - 8:00am)	Gym/Strength Training (Session 1:6:30am - 8:00am)		
					Senior Girls Netball Training (6:45am - 7:45am)	
Lunch	12:50pm - 1:20pm					
After School	3:30pm - 5:00pm	Pipes and Drums (3:30pm - 5:00pm)	Boys Rugby / Girls 7s Training	Senior Choir		
		Yr 5-7 Gym / Strength Training 3.30pm-4.30pm	Tennis Coaching			
WEEK 9 PRIMARY CO-CURRICULAR PROGRAMME						
TIME		Monday 17th	Tuesday 18th	Wednesday 19th	Thursday 20th	Friday 21st
Before School	6:00am - 7:30am			Rock Band Rehearsal (7:30am - 8:30am) Chapel Hall		
	7:00am - 8:00am				Sustainability Club (7:45am - 8:30am)	
Lunch	12:50pm - 1:20pm					
After School	3:15pm - 4:30pm	Pipes and Drums (3:30pm - 5:00pm)	Chess and Strategy Games			
		Yr 5-7 Gym / Strength Training 3.30pm-4.30pm	Tennis Coaching			

